

## **Position: Gym instructor (Female)**

### **Eligibility:**

- Maximum age not above 40 years as on 01/02/2021
- High School diploma or equivalent.
- Gym Instructor certification

### **Requirements:**

- Computer literate.
- Good interpersonal and communication skills.
- Sound physique.

### **Job role:**

- Will work in the university Gym.
- Support the development and delivery of fitness programs.
- Ensure the safety of clients during training sessions.
- Conduct an initial assessment of clients' body measurements.
- Monitor BMI on a regular basis.
- Motivate clients who have reached a plateau in weight loss.